CV Antoinette Helbing Choreographer | Dancer | Member of artist-run platform Dance.cooperativE



Education

2020-2024: Feldenkrais Education in course Lisbon 2 (Portugal)

2005-2008: BA in Dance at ArtEZ Dansacademie in Arnhem (Netherlands) 2000-2005: Diplom in Management at University of Münster (Germany)

Prices/Scholarships

2021: Hæderslegat Wilhelm Hansen Fonden 2012 & 2021: Arbejdslegat from Statens Kunstfond

2006: Scholarship from the Foundation Arnhems Dans Talent (ARDT)

Choreography (Selection)

The Laughing Crowd – a dance work for 8 performers bathing the audience in laughter. Premiere of site specific version in summer **2023** with performances at Metropolis and PASSAGE Festival. Premiere black box version in **2024**.

The Mirror Project – a choreographic work about the relation between the physical body and body images. Premiere November **2022** and touring in **2023**. Funded by Statens Kunstfond.

Landscapes of Laughter – a 12 hour walking performance relating to Roskildes landscape through laughter.

September 2021 as part of Walking Landscapes by Metropolis/KIT.

Nature Force – a long durational exploration of laughter for the forest. Fall **2021** at Deep Forest Art Land/Skovsnogen as part of Krop – Lyd – Landskab curated by Tora Balslev.

The Shape of the Audience – a research project on the audiences' movement patterns in the theatre performed by a group of 21 volunteers, in collaboration with Forsøgsstationen **2020-2021**.

The Laughing Room - a video installation that let's 3 screens interplay to expose laughter's diverse effects onto the laughing body. Created in collaboration with Jan Vesala in **2020**.

AFTERLAUGHTER – a dance film portraying the performers bodily experience of force and relieve through laughter (Choreography + Performance). Created in collaboration with Jan Vesala in **2020**.

Choreographic Mentor for Tora Balslevs Body of Sand, City Matters and STOFskifte 2000-2023.

The Laughing Game – a solo work that navigates through laughters' heterogenous physical and emotional landscapes. Created between **2018-2021** and **currently touring**.

Åbent Rum – participation in choreographic research program curated by Åben Dans 2019-2020.

Tre vise mænd – a performance about searching, finding and giving at Åben Dans in 2019.

Re-Dream – a dance film about re-evaluating dreams in collaboration with Jan Vesala in 2018.

BANG - a dance film exploring the ambiguity of closeness in collaboration with Jan Vesala in 2018.

I'm nothing, but I could be anything – a solo revisiting childhood dreams as adult funded by Statens Kunstfond, Nordic culture point and Nordic Culturefund **2016-2019**.

How to be/loved – Perspectives – a duet exploring the physicality of the struggle in accepting closeness in a family relationship. **2012-2019** - 30 performances in 10 countries.

Resident Choreographer at the Trilogy project in Groningen 2012-2014.

Boomerang (2008), Auf zwei Ohren blind (2009) and Mir schwant es...(2010) - short solo works created at the City Theatre Görlitz.

Stage (selection)

Åben Dans Roskilde - Choreography and Dance in 15 productions (since 2011).

Livingstones Kabinet - Choreography/Dance in FETCH 2020-2022.

Andreas Constantinou - The WOMANhouse 2018.

Recoil Performance Group/Tina Tarpgaard - ON/VOLT 2013-2016.

X-Act/Kitt Johnson - Forum Humanum in 2013.

Contemporary Dance Theatre Company Görlitz - Company member 2008-2010.

Teaching (selection)

Professional classes at Dansehallerne Copenhagen, Den Danske Scenekunstskole, Dansk Danseteater, Skånes Dansteater Malmö, Norrdans, DC Syd, DC Stockholm and Akademiet.